

Mahina Expeditions offers offshore sail-training expeditions, offshore cruising seminars and boat purchase consultation.



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EMERGENCY STATION BILL

MAN OVERBOARD

Prevention:

Wear harness at all times when above decks

Move forward on the windward side and move cautiously.

Use the head below.

1. Yell "MAN OVERBOARD" to alert the entire vessel
2. One person POINTS TO VICTIM, never taking eyes off them.
3. DEPLOY BOTH LIFESLINGS, throwing inflatable one first, then larger canister sling.
4. HIT MOB, ENTER ON GPS.
5. NOTE BOAT'S HEADING, BRING BOAT IN A CIRCLE through the eye of the wind, backwinding the jib. Continue circling until Lifesling reaches victim.
6. STOP THE BOAT by furling the jib and dropping the mainsail. CHECK FOR LINES in the water.
7. PULL VICTIM TO SWIM STEP AND ASSIST ABOARD. Be very gentle with person in cold water situations where hyperthermia may exist.

FIRE EMERGENCY

1. ALERT EVERYONE ONBOARD BY LOUDLY SHOUTING "FIRE!!!"
2. Attempt to EXTINGUISH FIRE IMMEDIATELY.
3. FIRE EXTINGUISHERS ARE LOCATED:

- A. _____
- B. _____
- C. _____
- D. _____

4. **ENGINE ROOM:** Automatic **HALON** discharges with a **BANG**. Turn off engine and blower immediately.

ABANDON SHIP EMERGENCY

1. **SOUND ALARM LOUDLY TO WAKE EVERYONE.**
2. **HEAVE TO.**
3. **DON LIFEJACKETS** located in your hanging locker or under your bunk.
4. **DO EVERYTHING POSSIBLE TO SAVE THE BOAT.**
5. **THE CAPTAIN MAKES DECISION TO ABANDON SHIP.**

CREW 1: Damage Control

CREW 2: Issue **MAYDAY** from **INMARSAT** and **SSB**, **NOTE POSITION FROM GPS**. **GRAB 406 EPIRB**.

CREW3: **LAUNCH LIFERAFT**

CREW4: Pass **ABANDON SHIP BAG** to liferaft. Collect lifejackets, handheld VHF radio, flashlights, blankets, first aid kit, food and water, spear gun, and hand-held GPS.

6. Never abandon a floating vessel for a liferaft.

STANDING ORDERS

WAKE OR CALL _____ **IF:**

- You see any lights, ships or objects
- You notice approaching weather; lightning or low, dark clouds to windward
- Increase in windspeed or change in direction
- Unidentifiable sounds
- **IF IN DOUBT, ANYTIME FOR ANY REASON**

The captain who knows that he/she will be awakened by the crew for these or any reason ALWAYS sleeps better!

WATCH ORDERS

DUTIES OF THE PERSONS ON WATCH, DAY OR NIGHT

- Be on deck with harness on ready to go five minutes early.
- Before assuming the watch, make sure that you understand the watch orders and sail plan.
- You are the **eyes of the ship** and it is essential to maintain a vigilant 360° lookout.
- The watch person who is not steering is responsible for looking astern, checking the radar and making log entries.
- Constantly monitor sail trim, wind shifts or increases and approaching weather.
- Organize sail changes and maneuvers with _____ on deck.
- Check engine gauges every 10 minutes when motoring
- On the hour check that the head is not overflowing and that valves are closed.
- **UNDERSTAND AND OBEY STANDING AND WATCH ORDERS.**

END OF WATCH DUTIES:

- Pass on any pertinent information to the relieving watch. Don't leave surprises.
- Fill out log book and plot position on chart.
- Check that all lines in cockpit are neatly coiled and that no lines are in the water.

END OF A SAIL PROCEDURE:

- Coil lines, hang sheets and halyards.
- Furl headsail and put mainsail cover on.
- Stow binoculars and navigation equipment.
- Plot GPS position on chart.
- Launch tender and mount outboard motor.
- Go for a swim, check the anchor, RELAX!

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This site was designed & is maintained by
Tif & Gif Creative

Please direct any questions to
sailing@mahina.com.

Mahina Expeditions
P.O. BOX 1596
Friday Harbor, WA. USA 98250
PHONE (360) 378-6131
FAX (360) 378-6331

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