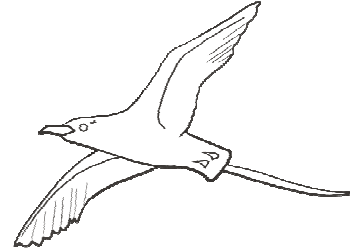


OFFSHORE VOYAGE PREPARATION

Preparing your boat and yourself for coastal or ocean voyages in 20 steps

1. Define your cruising plans and options.
2. Ensure you really like sailing.
3. Gain skills, take a coastal navigation course.
4. Establish a budget.
5. Purchase an appropriate boat.
6. Move aboard - lifestyle adjustments.
7. Go sailing every possible chance.
8. Insurance - research boat and health.
9. Health – lifestyle choices
10. Seamanship and Safety Gear.
11. Marine weather study.
12. Boat haul out.
13. Diesel engine check out & spares.
14. Electrical survey and upgrade.
15. Anchoring equipment and practice.
16. Rigging survey and update.
17. Sails: repair or replace?
18. Communication options.
19. Obtain storm sailing gear and practice using it.
20. Complete an out-of-sight of land passage, at least 200 miles long.



Recommended Books

Offshore Cruising Companion - John & Amanda Neal
 The Modern Cruising Sailboat - Charles Doane
 World Cruising Routes - Jimmy Cornell
 World Cruising Destinations - Jimmy Cornell
 Cornell's Ocean Atlas - Jimmy Cornell
 Fast Track to Cruising - Steve and Doris Colgate
 How to Read a Nautical Chart - Nigel Calder
 Surveying Fiberglass Boats - Henry Mustin
 Surveying Yachts & Small Craft - Paul Stevens
 The Art of Seamanship - Ralph Naranjo
 The Boat Repair Bible - Adlard Coles
 Changing Course - Debra Ann Cantrell
 Essential Galley Companion - Amanda Swan Neal
 Understanding Weatherfax - Mike Harris
 Marine Diesel Engines - Nigel Calder
 Marine Diesel Essentials - Coloring & Learning - Amanda Neal
 Boatowner's Mechanical & Electrical Manual - N. Calder
 Sail and Rig Tune - Ivar Dedekam
 Storm Survival Tactics - John and Amanda Neal
 The Complete Ocean Skipper - Tom Cunliffe

Magazines

Blue Water Sailing Magazine
 Practical Sailor Magazine

Recommended Websites

NoonSite.com - cruisers information
 RosePointNav.com - navigation software
 PassageWeather.com
 PredictWind.com
 SailDocs.com - GRIB files
 SailMail.com - email
 Windy.com - animated weather forecasts
 WRIwx.com - professional weather routers
 CommandersWeather.com - professional weather router

Now you're ready for adventure, see you out there!

MAHINA EXPEDITIONS

Learn the practical, realistic and inspirational aspects of ocean cruising from internationally renowned sailors John Neal and Amanda Swan Neal.

Six months a year we conduct offshore instructional expeditions worldwide aboard *Mahina Tiare III*, our Hallberg-Rassy 46.

The following services incorporate the knowledge gained from our combined 712,000 sea miles and 85 years' experience.

FREE BOAT SHOW SEMINARS : sponsored by

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SAILING
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 **SELDÉN**
for sailing

 **ANDERSEN**
STAINLESS STEEL WINCHES

 **RONSTAN**

MAHINA OFFSHORE CRUISING SEMINARS

JANUARY 12 CHICAGO BOAT SHOW

JANUARY 19 TORONTO BOAT SHOW

APRIL 6 RICHMOND - PACIFIC BOAT SHOW

An intensive, exciting and interactive 8-hour classroom seminar featuring 18 vibrant PowerPoint presentations that are documented in the included 260-page Offshore Companion. Topics include choosing the right boat, outfitting within your budget, storm tactics, piracy and security and what it takes to cruise successfully anywhere in the world.



MAHINA OFFSHORE CRUISING WORKSHOP - ANACORTES, WA

MARCH 23 & 24

This innovative two-day workshop at the renowned Marine Technology Center combines the Offshore Seminar with four hands-on modules – sail repair, engines, electrical and splicing.

OFFSHORE PASSAGE TRAINING IN THE SOUTH PACIFIC

Join us aboard *Mahina Tiare III*, our Hallberg-Rassy 46, for a dynamic and unique hands-on learning experience. Daily instruction with documentation ensures that you totally master all aspects of operating and maintaining a modern ocean cruising boat. Expeditions are from 10 days to three weeks and offer the perfect opportunity for you to increase your confidence and safety level.

Check mahina.com for expedition details, sailing schedule and berth availability.

BOAT SELECTION AND PURCHASE CONSULTATION

Searching for the perfect boat for your offshore cruise? For a flat fee of \$750 John will use his extensive experience to help you evaluate, locate and purchase the best possible boat within your budget.

For complete details on each of the above services view our web site:

MAHINA.COM