



SELL UP & SET SAIL!

Presented by
John Neal

1. Making the decision to GO
2. Creating the means to GO
 - Time, money, health, energy
 - Will you be cruising retired? On sabbatical? Dividing your time?
 - Work while you cruise?
 - Homebase options
3. Ensure the lifestyle is for you
 - Learn to sail
 - Try crewing
 - Charter a sailboat somewhere you may like to cruise
 - Complete at least one, 1+ week liveaboard sail training expedition
4. Buy the right boat for YOU
 - Best to purchase 1-2 years before planned departure
 - 6-12 months boat shopping, 6-12 months refitting, 6-12 months living aboard and sailing
 - Be sure to consider overall cost of ownership
 - Free 76-page ebook: www.mahina.com/consult
5. Keep your expectations realistic
 - Expect chores and boat maintenance to take extra time
 - Simplified life and less stress and more time together
 - Adventures, exploration, time for personal projects
 - Excellent opportunities to learn new skills
6. Develop an ethos of safety
 - Learn to balance speed, comfort, and safety
 - Establish and post a workable watch schedule and standing orders
 - Seasickness: follow protocol on www.mahina.com/seminars scroll down to HANDOUTS
 - Study and understand collision avoidance
 - Conduct twice daily boat checks of sails, rigging, engine, and bilge
 - Get out of the cockpit for deck checks; circuit of the deck every watch
7. Start learning NOW
 - Make mastering sailing your goal
 - Aim for ease of handling by all crew members
 - Work toward competent and confident singlehanding
 - Start learning weather patterns and getting familiar with forecasting options
 - Learn proper navigation, practice using apps, and keep a log – it's a legal requirement
8. Start downsizing NOW
 - Liveaboard 6+ months before departing to adjust
 - Decide together what comes or goes and where to stow
 - Put one project away before starting the next
9. Get healthy and fit NOW
 - Maintain a fitness habit or start one now
 - Fit and Balanced for Life: www.mahina.com/seminars (scroll down to Handouts)
10. Don't forget to...get off the carousel and...sail your boat!

John Neal's 403,000 offshore miles include six Cape Horn roundings plus expeditions to Antarctica, Africa, Australia, and Spitsbergen. Since 1976, John's passion has been sharing his ocean cruising knowledge through 212 sail training expeditions aboard Mahina Tiare III, a Hallberg-Rassy 46 and various other yachts. John is author, co-author or contributing author of 17 books including Log of the Mahina. When John's not at sea leading sail-training expeditions he teaches Mahina Offshore Cruising Workshops and offers boat purchase consultation services. Details on mahina.com

MAHINA OFFSHORE CRUISING WORKSHOP MARCH 9 & 10, 2024 IN ANACORTES, WA

This innovative two-day workshop at the renowned Skagit Valley College Marine Technology Center combines with Mahina Offshore Seminar with eight hands-on workshops including sail repair, Sailrite sewing machine use, marine engine fuel systems, electrical systems, hand palm technique, splicing, and marine engine cooling systems. This workshop is held annually the second weekend of March and always sells out. Register early!

MAHINA VIRTUAL OFFSHORE CRUISING SEMINAR

Can't make it to our two-day Offshore Workshop in Anacortes, WA or our one-day Offshore Cruising Seminar at the Annapolis Boat Show in October? Now you can enjoy 18 modules of the Mahina Offshore Cruising Workshop presented by John Neal and guests from wherever you are in the world, on your schedule. 10+ hours of pre-recorded lectures, workshop demonstrations, and highlights from John's 50 years of cruising. Available on USB drive or on-demand, enabling you to view and learn on the go from any device you choose. Package includes the 260-page Offshore Cruising Companion textbook for \$299.

2024 & 2025 OCEAN PASSAGE TRAINING IN THE SCOTTISH ISLES & NEW ZEALAND

Join John in the Scotland Isles or New Zealand for a 10-day intensive hands-on learning experience including a nonstop offshore passage of at least 120 miles. Daily instruction with documentation ensures that you totally master all aspects of operating and maintaining a modern ocean cruising boat.

BOAT SELECTION & PURCHASE CONSULTATION

Searching for the perfect boat for your offshore cruise? For a flat fee of \$1,500 John will use his extensive experience and expertise to help you evaluate, locate, and purchase the best possible boat within your budget.

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