



Storm Survival Tactics - 2024

By John Neal

Considerations and Preparation

- Yacht Design: Choosing a boat that allows you the widest range of storm tactic choices.
- Gain experience in gradually increasing conditions.
- Increase your knowledge of marine weather and storm system movement.
- Develop and post a Sail Reduction Guide.
- Storm sail options.
- Consider storm management devices: drogues, sea anchors.
- Install communication systems for receiving weather and routing information.
- Ensure your wind instruments are accurate and dependable.
- When is it prudent to employ a professional weather router, and who offers the best services available for each region?

Storm Procedures

- Before departure
- When in a storm
- Crew responsibility
- Rogue or exceptional waves

Ten Specific Storm Tactics

- Advantages and cautions of each tactic explained in detail as conditions deteriorate considering specific boat handling characteristics of mono and multihull.

Dealing with Anxiety

Seasickness: Avoidance and Treatment

John Neal's 403,000 ocean miles and 50 years' experience include decades of sailing in the Southern and Arctic Oceans and Barents Sea, six Cape Horn roundings, two Drake Passage crossings, surviving two cyclones plus the 1994 Queen's Birthday Storm. The 25-page ebook, *Storm Survival Tactics* is included in the price of this seminar.